



**PANATHLON INTERNATIONAL**

LUDIS IUNGIT

To **Club** Presidents  
**Junior Clubs** Presidents  
**University Club** Presidents  
of **Panathlon International**

Cc. International Board Members  
District Presidents  
Area Governors  
of **Panathlon International**

circ. 02/26

Rapallo, 21 January 2026

**Subject:** Erasmus MindFit Project – Invitation to complete and distribute the questionnaire

Dear Presidents,

I am writing to inform you that Panathlon International is participating in the Erasmus **MindFit** project, coordinated by the Budapest Association for International Sport (BAIS) with its partner DeM (Turkey). The 18-month project aims to promote mental well-being and resilience among young people through hybrid sports activities that combine traditional sports and virtual reality (VR), creating inclusive experiences that are also accessible to those with disabilities or living in disadvantaged contexts.

As part of the project, Panathlon International is responsible for disseminating the results, organising the final event in Italy and publishing the MindFit VR Toolkit internationally.

To contribute to the success of the initiative, we invite you to **complete the online questionnaire by the end of the month and, if possible, to share it with your club members and externally.** Completing the questionnaire is an official requirement of the project and is essential for data collection.



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Links to the questionnaire are available in the following languages:

**French** - <https://forms.gle/mKGPPxnX64MY4Hjk6>

**Italian** - <https://forms.gle/RCoGgbPNoXongpuy6>

**English** - <https://forms.gle/Aj9QZAV7LiL1Rh7w8>

**Spanish** - <https://forms.gle/9YMSxy39FFx9ZRal7>

**Portuguese** - <https://forms.gle/3Wvzpujji9pQx9Zw6>

**German** - <https://forms.gle/jP5qdoY7DL383r3T9>

This initiative was already mentioned in the newsletter of 16 January and represents an important opportunity to participate in an innovative European project that combines sport, technology and mental wellbeing.

Thank you for your cooperation and for distributing the questionnaire.

Best regards,

Giorgio Chinellato  
**International President**

**N.B.** Please note that participation in the project is completely anonymous and that we do not collect any personal data. However, if you would like to be more involved or simply stay up to date with all the latest news and developments regarding the project, please contact the secretariat at: [monica@panathlon.net](mailto:monica@panathlon.net) and we will be happy to keep you informed.



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